



An APP FASD Retreat for parents of people with fetal alcohol spectrum disorder

You are invited to our fourth annual parent retreat for adoptive parents of children, youth, or adults who are suspected of having or have been diagnosed with a Fetal Alcohol Spectrum Disorder (FASD). As a parent-led organization, we know the importance for parents to have a chance to come together with those who understand and care.

This retreat is planned to provide opportunities to share stories of challenges and triumphs, to listen and to learn, and to enjoy time away. Most important, though, is the chance to develop friendships and support. We hope that you will find a way to join us at this retreat planned just for you.

While we realize that finding child care can be difficult, the event is for adults only.

Saturday, January 28, 2012
8:15 am – 6 pm

Executive Airport Plaza Hotel
7311 Westminster Highway
Richmond, BC

Registration Fees:

Individual: \$35

Couples: \$60

Optional Networking Dinner: \$20

Registration deadline

Friday, January 13, 2012

www.appfasd.org or email: info@appfasd.org



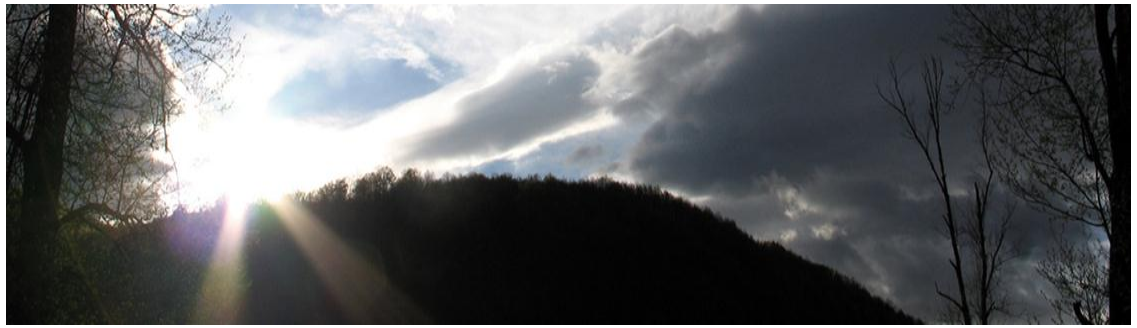
LEX REYNOLDS ADOPTION &
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Connecting for Life



VICTORIA
FOUNDATION

CONNECTING PEOPLE
WHO CARE WITH CAUSES
THAT MATTER®



Agenda – Saturday 28 January 2012

8:15 am	Registration, continental breakfast
9:00 am	Introductions, icebreaker activities
10:00 am	Information and discussion groups
11:15 am	Break
11:30 am	Speakers: choose <u>one</u> from the following four: <ul style="list-style-type: none"> • Basics of FASD • Transition to Adulthood Forum • Strategies to Assist Transitions (Young Child) • Strategies to Assist Transitions (Pre-Teen /Teen)
12:30 pm	Reflection on the learning within discussion groups or independently through art, music or movement
1:00 pm	Lunch
1:45 pm	Review of Learning
2:00 pm	Speaker: Parent Self Care
2:15 pm	Activities on offer <ul style="list-style-type: none"> • Massage • Art • Silent Contemplation Time • Humour
4:00 pm	Special Guest Speaker: Youth with FASD
4:15 pm	Closing Celebration and Evaluation
5:15 pm	Networking Time
6:00 pm	Optional dinner: Mad Greek Restaurant, 7260 Westminster Highway (one minute walk from hotel)

Registration

Attendee Information			
Name(s):			
Street Address:			
City:		Registration (deadline January 13, 2012)	
Province:		Retreat only \$35 (singles)	
Postal Code:		Retreat only \$60 (couples)	
Phone:		Dinner (Optional) \$20 per head *	
E-mail:		Pre-paid Parking Coupon \$5 for the day	
		Registration TOTAL	
Number of children in family with FASD:			
Year of birth of children in family with FASD:			
Special dietary needs (specify):			

**Alcoholic beverages, applicable taxes and gratuities not included*

Parking	
<p>Parking is available to APP FASD for an advance prepaid coupon of \$5. Please indicate above and include payment if you wish a prepaid coupon to be emailed to you. Otherwise, please be aware that ticket machine parking on site is \$12 per day (6am – 6pm).</p>	
Payment	
<p>Registration for this event is on a first pay, first serve basis. Payment in full is required to secure a space and it should be noted that space is limited and early booking is recommended.</p> <p>Registration will only be accepted by mail (cheque only) and will be accepted by our Secretary and Registrar at the mailing address located at the bottom on this form. Cheques should be made payable to: APP FASD Society.</p>	
Hotel, Retreat Registration and Contact Details	
<p>The Executive Airport Plaza Hotel offers a variety of room rates for those wishing overnight accommodation. Hotel bookings should be made direct to the Executive Airport Plaza Hotel, Tel: (604) 278 5555</p> <p>Limited subsidies for the registration costs are available to assist with retreat costs for those with financial challenges. To apply for a subsidy please contact the APP FASD President, Tanya Loretto. Subsidies need to be accompanied by a letter, email or call from an FASD professional.</p>	
<p>Please send your attendee information and registration fee to:</p> <p>Keren Carter APP FASD (Secretary and Registrar) 800 Cottonwood Avenue Coquitlam, BC V3J 2S7 Tel: 604 931 6473</p>	<p>For more information, please contact:</p> <p>Tanya Loretto APP FASD (President) Tel: 604-266 1220</p> <p>or</p> <p>Bernadette Howell APP FASD (Vice President) Tel: 604-924 1806</p>